



Spencer & Mara Welton

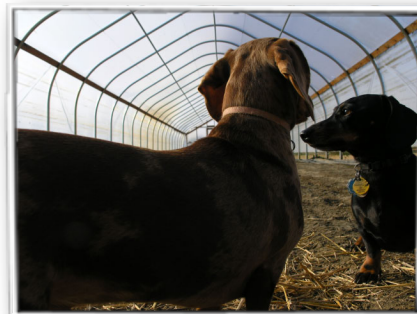
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• www.halfpintfarm.com • weltons@halfpintfarm.com •
 • twitter: @halfpintfarmers • FB: www.facebook.com/halfpintfarm

2011 Market Season



Welcome to the 2011 farming season and the Half Pint Farm Food Club! We are now in our 4th year of our CSA (community supported agriculture) farm share program, and loving every minute of it! In addition to our CSA, we also sell to area restaurants, grocers, and farmers' markets in Burlington. Half Pint Farm was created by us in 2003 because we believed that there could be a model of sustainable farming that champions a small but successful family operation on a small plot of land, with small infrastructure and a small workforce. We do this on 2 acres in



Burlington's Intervale with our two miniature dachshunds, Mr. Smeems & Bullet. We are committed to growing organically, but are not certified. We are members of NOFA- VT, Vermont Fresh Network, VT Vegetable and Berry Growers Assn. and Slow Food VT. We are dedicated to making our soil & crops the best they can be and to that end we spend a considerable amount of time planning the rotation of our crops, cover crop schedules and organic fertilization. Besides farming, we are foodies. Actually, we farm mostly because we love good food! When developing our farm share program, we really liked the idea of people joining our "club" for the love of good food. When you come to pick up your farm share, we will often have some snacks prepared for you from whatever is seasonal and delicious at the moment! We enjoy researching recipes that will show off our vegetables in new and exciting ways, and look forward to sharing them with you. Prepare yourself for an extraordinary culinary adventure with organically grown, local gourmet crops!



Our 2010 growing season was an amazing year! The farm had tons of diversity, we experienced excellent markets, and we even did a little traveling to Italy for the International Slow Food Conference! We planted a flower garden as well as a culinary herb



garden, which were both well-received and used a lot by our members – exactly as we hoped! We want to make sure that you have access to a handful of herbs for other recipes that you are creating during the week, as well as a vase of beautiful flowers on your table! These are going to be expanded and even more diverse this year!

Here are some of the great crops that you can expect to receive over the 20-week Half Pint Farm Food Club 2011 season!

- *Microgreens* – expanded mix of spicy greens intense color & texture
- *Carrots* – heirloom and baby (yellow, red, orange, purple & white!)
- *Tomatoes* – incredibly colorful cherries, heirlooms & romas!
- *Onions* – colorful cipolline, pearl onions, scallions and shallots!
- *Herbs* – Basil and Parsley big bunches for pesto! Also an expanded culinary herb selection this year!
- *Italian Heirloom varieties* – eggplant, peppers, zucchini, squash blossoms, cipolline onions, san marzano tomatoes, baby artichokes, cardoons, radicchio, escarole, frisee, puntarella, lacinato kale and more!
- *Potatoes* – colorful fingerlings and baby potatoes all season long!
- *Salad Mixes* – spring spinach, summer mixed lettuce greens, arugula and head lettuces of all varieties!
- *Melons* – a variety of single-serve sized specialty honeydews, cantaloupes and watermelons!

Now, on to the rules of the game!



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2011 Food Club Nuts & Bolts

PRICE

1. The price for a food club farm share is **\$550**. The Food Club is first come, first served – space is limited! Payable by check made out to *Half Pint Farm*. Send to: *Half Pint Farm, PO Box 8835, Burlington, VT 05402*.
2. We do not offer ½ shares. However, if you have a person you would like to share with, feel free to organize that amongst yourselves. You can submit two checks, two applications together if you wish to share with someone.

PICK-UP DAYS AND SCHEDULE

1. The pick-up day is Wednesdays at Half Pint Farm in Burlington's Intervale between 3 and 6pm.
2. Pick-ups begin on **Wednesday, June 8th** and run for 20 weeks until **Wednesday, October 19th**.
3. You may send a person other than yourself to pick-up your weekly share, but if you forget to pick it up, you miss out on your share for that week! We will be sending an email reminder the day before each pick-up.

YOUR FOOD CLUB SHOPPING BAGS

1. You will receive 2 recycled canvas shopping bags with the food club logo on them. These are yours to keep! They are made of fair-trade recycled cotton and were the most sustainable carrier that we could think of.
2. These are what you will receive your farm share in each week. You'll bring an empty bag back to the pick-up each week to receive a full bag. If you forget your bag, your share will be in plastic, which we would like to avoid!

VALUE OF YOUR FOOD CLUB SHARE – SUBSTITUTIONS

1. Each week you'll receive one bag with the prime selection of crops that are in season that week. The value of the weekly share is \$27.50.
2. The food you will be receiving is of extremely high quality picked at the peak of freshness. In fact, your food will be harvested the same day you pick it up!
3. Please **do not** ask for substitutions in your weekly share. We will be giving you such incredible produce to use each week, along with recipe cards for the unusual vegetables. Farm shares are an opportunity to experiment - try some new things, gain some new favorites and get re-acquainted with some old standbys!
4. There are other values that you may perceive in your share as well – being a part of your local food economy, experiencing the way a small farm operates, and of course the high nutritive value of fresh produce that has not traveled in a refrigerated truck for weeks!

NEWSLETTERS, RECIPES, ETC.

1. We will not be producing weekly paper newsletters. However, we do post regularly on our blog, which can be found on our website: www.halfpintfarm.com! We will be making blogposts frequently throughout the season; giving you a regular update on what is going on at the farm.
2. With your share each week, you will be given at least two recipes to give you some ideas of what we do with these great crops, and also to give you some inspiration in the kitchen!

FARM VISITS

1. We are always open to farm visits by anyone and everyone that is interested in seeing the farm! We are at the farm Mon-Fri. We are at the New North End Farmers' Market at the Elks Lodge on North Avenue on Thursdays from 3-6:30pm, City Hall Farmers' Market on Saturdays from 8:30am-2pm, and we take Sundays off!

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Please complete and detach this form and send with your check to the above address.

**By signing here, I understand the operations and expectations of the Half Pint Farm Food Club, and I am ready to start my exciting, local and gourmet culinary adventure!**

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Address

\_\_\_\_\_  
City, State, ZIP

\_\_\_\_\_  
Email Address

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Phone Number